

# The Meaning Behind Choosing a Confirmation Name & Sponsor

## **Confirmation Name**

Taking a Confirmation name is a sign of starting a new life or new role. In the Old Testament God gave new names to some of the people he called to serve him, ex: Abram became Abraham. Jesus also gave new names to some of the apostles whom he called to serve him, ex: Simon became Peter and Levi became Matthew.

At Confirmation we choose a new name. This is a sign that we are ready to start a new life or role as more mature Catholics. We are ready to begin living in a new way with a deep commitment to God.

When choosing a Confirmation Name, the goal is to pick the name of a saint you admire, can relate to, or aspire to be like. This saint will be bonded to you spiritually and will be your model in life and can be the one you turn to for guidance and protection. It can also be a name of a relative or other person in your life that you see as a role model in faith and virtue (but it still also must be the name of a saint as well).

## **Confirmation Sponsor**

The confirmation candidate chooses a sponsor who they see as a role model of faith. It is someone that they know who will help to guide them on their faith journey. The sponsor promises to help and support the child to grow as a follower of Jesus.

At Confirmation there is usually just one sponsor. Sometimes it is one of the godparents. At Confirmation, the sponsor presents the child to the bishop. The sponsor stands behind the child and places his or her hand on the child's shoulder as a sign of support.

See other side for Guidelines for Choosing Your Confirmation Name & Sponsor

